

Basket Ball Fun (18 Months-3 Years)

You will need:

- Balls or bean bags
- Large tub or container

The Activity:

- Stand the large container on the floor.
- Throw the ball and aim to get it in the container.
- For older children, encourage them to persevere to see if they can get the ball into the container for example; Shall we stand nearer? Would a bigger ball help?
- Celebrate when the ball lands in the goal!

How this supports your child's learning:

This activity will help support physical development and co-ordination when your child is trying to throw the ball into the container. Problem solving skills will be supported as your little one works out how to achieve getting the ball into the goal

Extending the activity:

- Move further away once your child gets the hang of it
- Stand the container on a different height for example put the container on a low table or chair
- Use different size balls
- Use more than one size container

Keeping Everyone Safe

Ensure you set up the activity where you have plenty of space



Healthy Hearts
and Minds



Words to introduce during the activity to support language development

Higher	Harder	Gently
Lower	Bounce	Missed
In	Up	Goal
Out	Down	

Use expressive language too

Fantastic	Brilliant	Uh oh
Hooray	Great	Oops
Woops	Excellent	You Scored!

TOP TIP:

This is an ideal activity to include as part of an obstacle course



Use the score card below to jot down the shots that get in the container each play session or you could do a timed session.
